



# Pediatric Patient Resources

## South Jersey

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# HEALTH AND WELLNESS

## Eating Disorders

- **Kennedy Health System Nutritional Counseling Program, Cherry Hill, Somerdale, Washington Township**  
**Phone:** 856-218-5732  
**Services:** Nutritional counseling by a trained Registered Dietitian for eating disorders and healthier eating. One-on-one consultations.
- **The Renfrew Center, Mt. Laurel (outpatient), Philadelphia (residential)**  
**Phone:** 1-800-RENFREW (736-3739)  
**Services:** Renfrew provides teenagers (age 14+) and women suffering from anorexia nervosa, bulimia nervosa, binge eating disorder, eating disorder not otherwise specified and related mental health problems, with the tools they need to succeed-in recovery and in life.
- **University Medical Center of Princeton at Plainsboro Eating Disorder Program, Plainsboro**  
**Phone:** 1-877-932-8935  
**Services:** Inpatient and outpatient services for children as young as 8 years old suffering from anorexia, bulimia and other eating disorders.
- **Seeds of Hope, Marlton, Turnersville, Haddonfield, Galloway Township**  
**Phone:** 888-686-7511  
**Services:** Intensive outpatient program specializing in the treatment of eating disorders.
- **Anorexia Nervosa and Associated Disorders**  
<http://www.anad.org/>  
**Services:** This website offers online support, educational materials, a helpline and a referral list of therapists and inpatient and outpatient programs.

## Nutrition and Fitness

- **Virtua's Ctr for Weight Management**, Voorhees, Sewell, Moorestown  
**Phone:** 1-888-847-8823  
**Services:** Private nutrition education for kids, ages 8-17; and a monthly interactive cooking workshop for kids 8-12.
- **Kennedy Health System Nutritional Counseling Program**, Cherry Hill, Somerdale, Washington Township  
**Phone:** 856-218-5732  
**Services:** A comprehensive program which provides an individualized personalized plan for weight loss by a registered dietitian for kids.
- **Inspira-S.T.E.P.S. for Kids**, Bridgeton, Vineland  
**Phone:** 856-507-8568  
**Services:** Family-focused health improvement program for kids, ages 8-12, with a BMI over the 85% for their age. Need referral from pediatrician or school nurse.
- **Centers for Disease Control and Prevention-Overweight & Obesity**  
<http://www.cdc.gov/obesity/childhood/index.html>  
**Services:** This website defines obesity and the health risks of being overweight. It provides data and statistics, a child and teen BMI calculator, and other resources.
- **USDA**  
<http://www.choosemyplate.gov>  
**Services:** Established by the United States Department of Agriculture, this website offers information about establishing and maintaining a healthy diet. There are tools, printable materials, and healthy eating tips. There's an interactive section with videos & songs, games and recipes just for kids.
- **Kids Health from Nemours**  
<http://kidshealth.org/>  
**Services:** Comprehensive website with sections for parents, kids and teens. Kids and teen sections are interactive with info on recipes, cooking, and fitness.

# DISEASE MANAGEMENT

## Cystic Fibrosis

- **Cystic Fibrosis Center, Children’s Hospital of Philadelphia**  
**Phone:** 215-590-3749  
**Services:** Services range from evaluation and diagnosis to treatment and education of both the family and community care providers. Accredited by the National CF Foundation.
- **Cystic Fibrosis Center at Bristol-Myers Squibb Children’s Hospital, New Brunswick**  
**Phone:** 732-828-3000  
**Services:** The Cystic Fibrosis Center is one of only 3 level III CF centers in the state of NJ that is accredited by the National CF Foundation. Offers a team approach to the diagnosis, treatment and follow-up of infants, children and adolescents with cystic fibrosis.
- **St. Christopher’s Cystic Fibrosis Center, Philadelphia**  
**Phone:** 215-427-5183  
**Services:** Provides advanced, collaborative care. Accredited by the National CF Foundation.
- **Cystic Fibrosis Foundation**  
<http://www.cff.org/>  
**Phone:** 1-800-Fight CF (344-4823)  
**Services:** Provides patient assistance resources, links to state chapters, local CF events, information on clinical trials, and link to accredited Care Centers.
- **New Jersey State Organization of Cystic Fibrosis**  
<http://www.njsocf.org/>  
**Phone:** 973-595-1232  
**Services:** Provides counseling, referrals and educational materials to patients and their families.

## Celiac Disease

- **CSA Southern New Jersey Chapter, Voorhees**  
<http://www.celiac9.com/>  
**Phone:** 856-435-6785/856-767-1311  
**Services:** Monthly meetings on the first Sunday of each month at 2:00pm.
- **Inspira Health Network, Bridgeton, Elmer, Vineland**  
**Phone:** 866-754-2778  
**Services:** Nutrition counseling for children from 2-17.
- **Celiac Sprue Association Cel-Kids Network**  
[http://www.csaceliacs.info/cel\\_kids.jsp](http://www.csaceliacs.info/cel_kids.jsp)  
**Services:** Website has kids' recipes, games and education for kids and parents.
- **Kids Health from Nemours**  
<http://kidshealth.org/> (both kids & teen tabs have articles on celiac disease)  
**Services:** Celiac defined, signs and symptoms, treatment options, and foods to avoid.
- **Celiac Central**  
<http://www.celiaccentral.org/kids>  
**Services:** Website features separate sections for kids and parents, allowing kids to have their own space to explore and contribute. Kids section features games, guides and personal stories. The parents section includes articles and research news specific to parenting gluten-free children, plus links to recipes and product reviews.
- **The Center for Celiac Disease, CHOP of Philadelphia**  
<http://www.chop.edu/service/center-for-celiac-disease/home.html>  
**Phone:** 215-590-3076  
**Services:** Center is one of the largest and most comprehensive of its kind in the United States. Provides education, training, care and support for the child and their family.

## Allergies/Asthma

- **Food Allergy Support Group of Gloucester County, Swedesboro**  
<http://www.fasg-gc.tripod.com>  
**Services:** For parents facing the challenges of food restrictions due to food allergies or eosinophilic disorders. Meets monthly.
- **Centers for Disease Control and Prevention-Asthma Page**  
<http://www.cdc.gov/asthma/children.htm>  
**Services:** This website provides games and learning activities as well as videos for children and teenagers. Kids learn what asthma is as well as how to manage their asthma and how to control environmental triggers.
- **The Pediatric/Adult Asthma Coalition of New Jersey**  
<http://www.pacnj.org/>  
**Services:** This website provides information on how to control asthma, and how to use medications, inhalers and peak flow meters. In addition, it provides a list of asthma triggers in a number of different languages and asthma action plans in English and Spanish that can be printed and completed by the patient's clinician.
- **Kids with Food Allergies**  
<http://www.kidswithfoodallergies.org/>  
**Services:** Food allergy information, food and cooking assistance, help in finding allergy-free foods, products and services, and free educational webinars.
- **Allergy & Asthma Network, Mothers of Asthmatics**  
<http://www.aanma.org/>  
**Services:** Leading patient education organization, this website has podcasts, links to publications, community outreach programs and many resources. (Site in Spanish as well).
- **Kids Health from Nemours**  
<http://kidshealth.org/>  
**Services:** Comprehensive interactive website for kids and teens for those with asthma.

## Juvenile Diabetes

- **Juvenile Diabetes Parents Support Group, Atlantic County**  
**Phone:** 609-652-2102 (ask for Steve)  
**Services:** This peer support group meets on the third Monday of each month, 6pm to 7:30pm, in various Atlantic County locations.
- **South Jersey Juvenile Diabetes**  
**Phone:** 856-264-5263 (ask for Lena)  
**Services:** Diabetes support group open to parents in Southern New Jersey area. Meets once a month at a specified location to discuss management issues related to Diabetes.
- **CHOP-Diabetes Center for Children**  
**Phone:** 267-426-0271  
**Services:** Diabetes self-management classes taught by Certified Diabetes Educators on an outpatient basis.
- **Camp Nejeda, Stillwater**  
<http://www.campnejeda.org/>  
**Services:** Overnight camp for children 7-16 years of age with Type 1 Diabetes. Also offers year-round programs and conferences for families.
- **Nejeda Day Camp, West Deptford**  
<http://www.campnejeda.org/>  
**Services:** Day camp for children with diabetes; mostly serves children in the Camden and Gloucester County areas.
- **Planet D-American Diabetes Association**  
<http://www.diabetes.org/living-with-diabetes/parents-and-kids/planet-d/>  
**Services:** A website just for kids and teens with diabetes. Support for your family tab has a link to Local Family Link Events which is for fun and social events in the local community.

## Juvenile Arthritis

- **Pediatric Rheumatology Center at Bristol-Myers Squibb Children's Hospital, New Brunswick**  
**Phone:** 732-235-4980  
**Services:** Provides comprehensive diagnosis, education, treatment and follow-up care for children with juvenile rheumatoid arthritis.
- **Inspira Kids Rehab Care, Vineland**  
**Phone:** 856-507-8585  
**Services:** Physical and occupational therapists that specialize in the treatment of infants and children with numerous diagnoses, including Juvenile RA.
- **Camp CHAT, Hackettstown**  
<http://www.arthritis.org/new-jersey/juvenile-arthritis/>  
**Phone:** 856-673-1370  
**Services:** Six day sleep away camp for children with arthritis and rheumatic disease.
- **Kids Health from Nemours**  
<http://kidshealth.org/>  
**Services:** Comprehensive interactive website for kids and teens explaining arthritis, how it's treated, and explaining how to live with arthritis.
- **Kids Get Arthritis Too**  
<http://www.kidsgetarthritistoo.org/>  
**Phone:** 856-673-1365 (Peggy Lotkowitz) [plotkowi@arthritis.org](mailto:plotkowi@arthritis.org)  
**Services:** This website explains what juvenile arthritis is, lists resources, explains natural treatments and therapies, medications, and has separate interactive sections for kids and teens. Free Welcome Kit.



# BEHAVIORAL & MENTAL HEALTH

## Inpatient Behavioral Health Centers

- **Hampton Behavioral Health Center, Westampton**  
<http://hamptonhospital.com/>  
**Phone:** 1-800-603-6767  
**Services:** For teens with acute behavioral health symptoms.
- **Kennedy's Child & Adolescent Psychiatric Unit, Cherry Hill**  
**Phone:** 1-800-528-3425  
**Services:** Acute inpatient unit.
- **Drenk Behavioral Health Center, Hainesport**  
**Phone:** 609-267-5656  
**Services:** Residential program that provides highly structured services.
- **Twin Oaks, Mt. Holly**  
**Phone:** 1-800-963-3377  
**Services:** Residential services for children 5-21.
- **Inspira, Bridgeton**  
**Phone:** 856-575-4155
- **Youth Consultation Service, various locations**  
<http://www.ycs.org/index.php>  
**Phone:** 973-482-8411  
**Services:** Over 70 programs for children from birth to age 25.
- **Center for Family Services, various locations**  
<http://www.centerffs.org/home>  
**Phone:** 856-964-1990

## Outpatient Mental Health/Counseling Centers

- **Drenk Behavioral Health Center, Hainesport**  
**Phone:** 609-267-5656  
**Services:** Many services for children and teens, including counseling, anger management classes, crisis intervention, family crisis intervention, after school tutoring, teen mentoring and story book time for preschoolers.
- **Center for Family Services, various locations**  
**Phone:** 1-877-922-2377/856-964-1990  
**Services:** Agency committed to improving the future for children and families through more than 50 programs across southern New Jersey. Provides an extensive array of services including: counseling, therapy and crisis intervention.
- **Princeton House Behavioral Health, Moorestown**  
**Phone:** 1-888-437-1610/856-779-2300  
**Services:** Partial hospital and outpatient services to children 6-12 with significant emotional and behavioral problems as well as partial hospital and outpatient services for teens with psychiatric problems and/or substance abuse.
- **Genesis Counseling Centers, Collingswood, Camden, Marlton**  
**Phone:** 856-858-9314  
**Services:** Mental health services and programs for children from 4-12 and adolescents from 13-18.
- **Kennedy Behavioral Health, Cherry Hill, Washington Township**  
**Phone:** 1-800-528-3425  
**Services:** Partial hospitalization and outpatient programs from kindergarten up.
- **Inspira Health Network, West Deptford, Bridgeton, Elmer**  
**Phone:** 856-575-4196/856-251-9059
- **AtlantiCare, Egg Harbor Township**  
**Phone:** 609-272-0909  
**Services:** Provides behavioral health care to families and kids from 3 to 17.

## Autism

- **Autism New Jersey**  
<http://www.autismnj.org/>  
**Phone:** 1-800-4-AUTISM  
**Services:** Treatment recommendations, information, and resource listings. Also information on financial assistance, schools and programs and physicians.
- **Autism Society**  
<http://www.autismsource.org/>  
**Phone:** 1-800-328-8476  
**Services:** Latest information regarding treatment, education, research and advocacy. Publishes a quarterly journal.
- **Autism Speaks**  
<http://www.autismspeaks.org/>  
**Services:** Website has research, new articles, resource guide, autism apps, and a 100 Day Kit for newly diagnosed families to make the best possible use of the 100 days following their child's diagnosis.
- **The Salem County Center for Autism, Pennsville**  
**Phone:** 856-678-9400  
**Services:** Center provides current information on legal services, health care professionals, schools and programs, as well as offering workshops and socialization events for parents and children.
- **The Center for Neurological and Neurodevelopmental Health, Gibbsboro**  
**Phone:** 856-346-0005  
**Services:** Health care provider that diagnoses and treats neurological, neuropsychological, neuropsychiatric, behavioral, developmental and learning concerns for children and adolescents.
- **Mom 2 Mom, Statewide**  
<http://www.mom2mom.us.com/>  
**Services:** A peer counselor helpline for mothers of children with special needs.

## ADD/ADHD

- **CHADD**  
<http://www.chadd.org/>  
**Services:** Provides education, advocacy and support for individuals with ADHD.
- **Burlington County Satellite of CHADD, Lumberton**  
<http://www.chadd.net/341>  
**Phone:** 609-760-1971  
**Services:** Meetings held on the 3<sup>rd</sup> Wednesday of each month from 7:30-9:00pm.
- **CHADD of Southern NJ Counties**  
<http://www.meetup.com/CHADD-of-South-Jersey/>
- **Gloucester County Satellite of CHADD, Turnersville**  
<http://groupspaces.com/supporteachother>  
**Services:** Meetings held 3<sup>rd</sup> Monday of each month at the Virtua Health & Fitness in Washington Twp.
- **Virtual Online Chapter of CHADD**  
<http://www.chadd.net/template.cfm?affid=002&p=about>  
**Services:** Webinar 2<sup>nd</sup> Tuesday of each month-8pm-9:30pm; or Teleconference 4<sup>th</sup> Thursday of each month-12pm-1:30pm.
- **The Center for Neurological and Neurodevelopmental Health, Gibbsboro**  
<http://www.cnnh.org/>  
**Phone:** 856-346-0005  
**Services:** Health care provider that diagnoses and treats neurological, neuropsychological, neuropsychiatric, behavioral, developmental and learning concerns for children and adolescents.
- **CHOP Center for Management of ADHD, Philadelphia, Voorhees**  
<http://www.chop.edu/service/center-for-management-of-adhd/home.html>  
**Phone:** 1-800-TRY-CHOP (879-2467)

# SUBSTANCE ABUSE

## Inpatient Detoxification and Substance Abuse Treatment

- **Princeton House, Princeton**  
**Phone:** 1-800-242-2550  
**Services:** Program for adolescents provides short-term treatment for teens 13 to 18 years old who are chemically dependent or have an addiction problem.
- **Lighthouse, Mays Landing**  
**Phone:** 1-800-852-8851/24-hr admission-1-888-955-8226  
**Services:** Offers 3 to 12 month residential programs for adolescents between 13 and 18 years old.
- **Daytop Village of New Jersey, Pittsgrove**  
<http://daytopnj.org/index.php>  
**Phone:** 856-358-4111  
**Services:** Offers 3 to 12 month residential programs for adolescents between 12 and 19 years old.
- **Kennedy Health System, Cherry Hill**  
**Phone:** 1-800-528-3425
- **ALA-Call/Substance Abuse Hotline**  
**Phone:** 1-800-322-5525  
**Services:** Information and referral hotline for NJ residents with alcohol and drug problems. Information is available concerning hospitalization and treatment - facilities which covers the entire state of NJ. There is also a service for non-English-speaking callers.
- **Addictions Hotline of NJ**  
**Phone:** 1-800-238-2333 or 211

## Outpatient Alcohol & Drug Treatment

- **Genesis Counseling Centers**, Collingswood, Camden, and Marlton  
**Phone:** 856-858-9314  
**Services:** Provides substance abuse services for adolescents 13 to 18 which includes group and individual counseling.
- **Maryville**, Glassboro, Vineland, Blackwood  
**Phone:** 856-629-0244  
**Services:** An addiction counselor who specializes in adolescent (13 to 18) care provides all adolescent services.
- **SODAT**, all eight southern New Jersey Counties  
**Phone:** 856-475-1310  
**Services:** Outpatient addictions counseling for adolescents 13 to 18.
- **Cape Counseling Services**, Cape May Court House  
**Phone:** 888-495-4100  
**Services:** Intensive outpatient program.
- **Center for Family Services**, various locations  
**Phone:** 856-428-5688  
**Services:** Twelve week program with weekly motivational group sessions, individual and family sessions, and self-help meetings, all designed to encourage youth to remain drug and alcohol free.
- **Rehab After School**, various locations  
**Phone:** 1-800-238-HELP (4357)  
**Services:** For those who show early warning signs of having a substance problem, but do not meet the criteria to be involved in a formal treatment program.
- **AtlantiCare**, Egg Harbor Township  
**Phone:** 609-272-0909  
**Services:** Group therapy for substance abuse.

## OTHER RESOURCES

### Food

- **Food Bank of South Jersey, Pennsauken**  
<http://www.foodbanksj.org/>  
**Phone:** 856-662-4884  
**Serving:** Salem, Gloucester, Camden, and Western Burlington Counties
- **Community Food Bank of New Jersey, Egg Harbor Township**  
<http://www.njfoodbank.org/>  
**Phone:** 609-383-8843  
**Serving:** Eastern Burlington, Atlantic, Cumberland, and Cape May Counties
- **The Food Bank of Monmouth and Ocean Counties, Neptune**  
<http://www.foodbankmoc.org/>  
**Phone:** 732-918-2600  
**Serving:** Monmouth and Ocean Counties
- **New Jersey Food Pantries**  
<http://www.foodpantries.org/st/new-jersey/>  
**Services:** Listing of food pantries and food banks throughout the entire state of New Jersey.
- **NJ Supplemental Nutrition Assistance Program (NJ SNAP)**  
<http://www.njsnap.org>  
**Phone:** 1-800-687-9512  
**Services:** This nutrition assistance program helps low-income individuals and families buy the groceries needed to eat healthy.
- **Women, Infants, and Children (WIC)**  
**Phone:** 1-866-44NJWIC (446-5942)  
**Services:** Food assistance for low-income infants and children up to age five.

## Classes, Seminars, and Help-Group Opportunities

- **Lourdes Health System, Camden, Willingboro**  
**Phone:** 1-888-LOURDES (568-7337)  
**Services:** The Bridge is a program of support and positive lifestyle enrichment for the adolescent between 13 to 19 years. The overall goal of The Bridge is to aid in the healthy development of adolescents. Weekly Empowerment Sessions Tuesdays 7:30-9pm and Off-site school/community programs. Mini-Bridge for kids 9 to 12 and Micro-Bridge for kids 6 to 9. Phone: 856-757-3080, Camden
- **Inspira Health Network, Elmer, Vineland, Woodbury**  
**Phone:** 1-800-INSPIRA  
**Services:** Children's Behavioral Health Center in West Deptford; Carrera P.R.I.D.E. Program, which is an adolescent pregnancy prevention program; S.T.E.P.S. for Kids (preventing childhood obesity); and I.M.P.A.C.T., which provides an array of programs designed to improve the health and well-being of young people and their families.
- **Kennedy Health System, Stratford, Cherry Hill, Washington Township**  
**Phone:** 1-866-224-0264  
**Services:** After-school outpatient program for mental health needs; Babysitting Certification for those 11 and older (taught in Washington Twp.); ballet and jazz for kids (for those 6-12 taught in Westville).
- **Virtua, Berlin, Marlton, Mt. Holly, Voorhees**  
**Phone:** 1-888-VIRTUA-3  
**Services:** Website has interactive section for kids and teens called KidsHealth, which is a link to the Nemours webpage; kids and teens nutrition education and cooking classes; fitness youth programs at the Rohrer Center.
- **New Jersey Self-Help Group Clearinghouse**  
<http://www.njgroups.org/>  
**Phone:** 1-800-367-6274  
**Services:** Provides contacts for over 4,500 NJ support groups for most illnesses, addictions, disabilities, and other stressful life solutions.



## Transportation

- **Access Link-New Jersey Transit**

<http://www.njtransit.state.nj.us>

**Phone:** 1-800-955-2321

Public transportation provided for those with disabilities who are unable to use the local fixed route bus. Must apply in-person for eligibility prior to first time use. Reservations are required, and standard NJ Transit fares apply.

- **STAT Medical Transport, Burlington, Camden & Gloucester Counties**

<http://www.stattransport.com/>

**Phone:** 856-627-0400

**Services:** Non-emergent medical transportation. Requests may be made online or by phone.

- **New Jersey Find A Ride**

<http://www.njfindaride.org/>

**Services:** An online directory of public and accessible transportation options for people with disabilities and others in NJ who don't have access to a car.

- **Logisticare**

<http://www.logisticare.com/index.php>

**Phone:** 1-866-527-9834

**Services:** Non-emergency transportation for Medicaid and certain Medicare plans.

- **NJ Transit Accessible Services**

[http://www.njtransit.com/tm/tm\\_servlet.srv?hdnPageAction=AccessibleServicesTo](http://www.njtransit.com/tm/tm_servlet.srv?hdnPageAction=AccessibleServicesTo)

**Services:** Provides a description of accessible services available to those with disabilities.

## Rehab & Early Intervention

- **Weisman Children's Rehabilitation Hospital**, Marlton, Pennsauken, Atlantic City, Washington Township  
<http://www.weismanchildrens.com>  
Phone: 1-877-543-8774
- **Bancroft**, Haddonfield, Cherry Hill  
<http://www.bancroft.org/>  
Phone: 1-800-774-5516
- **Children's Specialized Hospital**, Egg Harbor Township  
<http://www.childrens-specialized.org>  
Phone: 1-888-CHILDREN (244-5373)
- **Inspira Kids Rehab Care**, Vineland  
Phone: 856-507-8585
- **The Center for Rehabilitation at CHOP**, Philadelphia, Voorhees, Mays Landing  
Phone: 1-800-TRY-CHOP (879-2467)
- **Nemours duPont**, Voorhees  
Phone: 856-309-8508
- **Virtua Early Intervention Program**, Westampton  
Phone: 609-914-8080
- **Virtua in Motion PT and Rehabilitation Center**, Camden, Cherry Hill, Lumberton, Moorestown, Sewell, Voorhees, Washington Township  
Phone: 1-888-VIRTUA-3 (847-8823)

## Medical Day Care

- **Weisman Children’s Medical Day Care Center**, Pennsauken, Atlantic City, Vineland  
<http://www.weismanchildrens.com>  
Phone: 1-877-543-8774
- **The Medical Day Center at Voorhees Pediatric Facility**, Voorhees  
<http://www.forkidcare.com/>  
Phone: 1-888-VPF KIDS (873-5437)
- **Providence Pediatric Medical Day Care**, Camden, Atlantic City  
<http://www.ppmc.co/>  
Phone: 866-417-7763
- **The Pediatric Day Health Center at Galloway**, Galloway  
<http://www.gallowaypdc.com/>  
Phone: 609-748-2888

## Miscellaneous Links

- **Family Support Center of NJ**  
<http://www.fscnj.org/>  
**Services:** Provides information and referrals on family support programs and services to families caring for a child with a disability, medical condition, rare disease or other special needs.
- **New Jersey Health Link**  
<http://www.nj.gov/njhealthlink/>  
**Services:** A comprehensive healthcare consumer information website serving the needs of all individuals living in NJ. This website provides details about services and eligibility as well as contact names and numbers.